



Monkeypox Awareness

Key Information for Your Safety



01 What is Monkeypox?

- A rare viral infection, related to smallpox.
 - Can spread between people and from animals to humans.
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02 How Does It Spread?

- Close Contact: Direct contact with body fluids, skin lesions, or contaminated materials.
 - Respiratory Droplets: Prolonged face-to-face exposure
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03 Recognize the Symptoms

- Fever
 - Headache
 - Muscle aches
 - Back pain
 - Swollen lymph nodes
 - Chills
 - Exhaustion
 - Rash starting on the face or genitals, spreading to other body parts
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04 Prevention Tips

- Avoid Close Contact: Stay away from individuals showing symptoms.
 - Good Hygiene: Wash your hands regularly with soap and water.
 - Vaccination: The smallpox vaccine offers protection against monkeypox.
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05 What to Do if Symptoms Appear

Seek medical attention immediately if you suspect you have monkeypox

Reference: World Health Organisation
(<https://www.who.int/news-room/fact-sheets/detail/monkeypox>)
