

WORLD AUTISM AWARENESS DAY

- Autism – also referred to as autism spectrum disorder—constitutes a diverse group of conditions related to development of the brain.
- About 1 in 100 children has autism.
- Characteristics may be detected in early childhood, but autism is often not diagnosed until much later.

Here is a list of activities that are often beneficial for many autistic kids

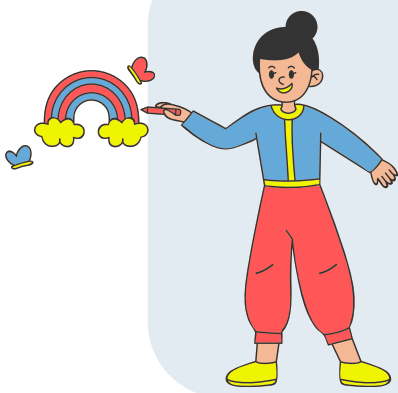
HANDS-ON ACTIVITIES:

Neurodiverse kids often benefit from hands-on learning activities, such as building models, creating art, or conducting science experiments. These activities can help them understand and retain information in a fun and engaging way.



VISUAL AIDS:

Diagrams, charts, and pictures, can be helpful for neurodiverse kids who may struggle with processing verbal instructions. Visuals can help them better understand and remember important information.



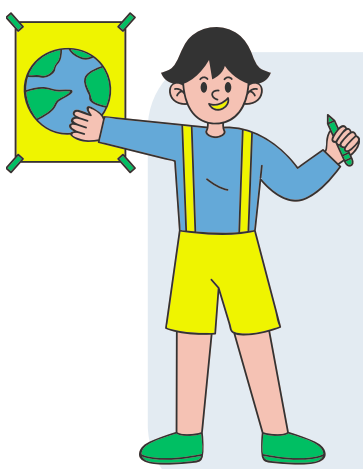
SENSORY PLAY:

Activities that engage the senses such as playing with water, sand, playdough, or sensory bins filled with items of different textures can be very calming and enjoyable.



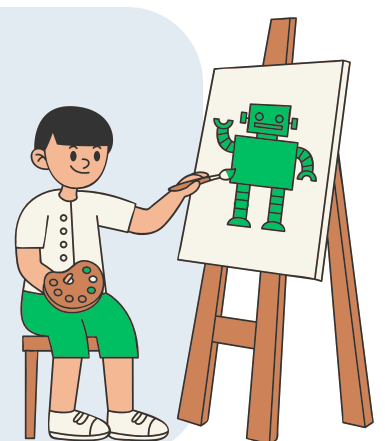
STRUCTURED ROUTINES:

Creating and following structured routines can help provide predictability and reduce anxiety for autistic children. This could include daily schedules with clear visual cues.



TECHNOLOGY:

Technology can be a powerful tool for neurodiverse kids, offering interactive learning experiences and personalized feedback. Apps and software designed for specific learning needs can be especially helpful.



Neurodiverse kids learn in unique ways, and with the right approach, learning can be fun and engaging for them.